



2015 Annual North Shore Program Report

Sharing Abundance was registered as a non-profit society in 2008. This year we became a registered charity, offering programs in all three North Shore municipalities and have just finished a two-year community kitchen project in Sechelt.

We offer welcoming places where food and community meet. Our programs address food insecurity and social isolation felt by many members of our community. All of our facilities are wheelchair accessible and close to public transit.

Our guests include all members of the community working and not, families, teens, students, seniors, those on disability pensions, new Canadians and veterans. The community programs are intergenerational and culturally diverse serving many folks on the margins. Everyone is welcome whether they choose to donate towards the cost of their meal or not. Some of our guests volunteer at programs and many of our volunteers join our guests in a meal at their table.

Each program has a chef/program manager who is paid a small stipend to plan, shop, prepare and serve tasty, nutritious meals to our guests. They also keep a record of the number of guests and meal served. The programs would not be possible without the support of the many dedicated volunteers who help us every week at our various locations. Our volunteers are seniors and students.

Sharing Abundance is funded by donations from some of our programs participants, donors and community partners. We received grants from the City of North Vancouver, of District of North Vancouver, the District of West Vancouver and the North Shore Community Foundation. The Lynn Valley Lions Club and Lynn Valley Save on Foods fund our Christmas meals. Sacre-Davey Engineering and Lawyers West are corporate donors, the Royal Canadian Legion Branches 44, 60, 114, and 118, local churches donate as well.

Community partners hosting programs do so without cost keeping our overhead under control. We are also grateful for the support of Cobs Edgemont Bakery, Trumps Bakery, The British Butcher, West Coast Mongrams and the collaborative support of the folks at Table Matters.



3843 Hoskins Road
North Vancouver, BC
V7K 2P1

604.985.0709

WWW.SHARINGABUNDANCE.CA

Offering Welcoming Places Where Food and Community Meet



SHARING ABUNDANCE LUNCH PROGRAMS

Community Lunch at Branch 118 Lonsdale Legion

123 West 15th Street, North Vancouver every Wednesday at noon

This weekly lunch program is in its second year. The majority of our guests at this program are on the margins and the weekly soup, sandwich, simple dessert and a place to gather out of the cold to drink non-stop coffee and tea is appreciated. Food is prepared under the direction of our Chef/Program Manager and a team of three to seven volunteers each week. This is the only program that runs eleven months of the year as the need for food is as great as the need for community. There are new faces every week joining the core group of 35-45 guests.

A Seniors' Moment at St. Agnes Anglican Church

530 East 12 Street, North Vancouver first and third Fridays at noon

For four years we have offered a monthly lunch at St. Agnes. This lunch has drawn people from around the community engaging a walking, exercise and seniors' groups from Lynn Valley as well as the demographic around the church. Each month there is a speaker or activity after a delicious hot meal and dessert. Five volunteers work with this program. We have moved our resources from St. John's to start and additional lunch at St. Agnes Church. We serve between 35-65 guests.

SHARING ABUNDANCE DINNER PROGRAMS

North Lonsdale United Church

3380 Lonsdale Avenue, North Vancouver every Tuesday at 5:30pm

We are in the fourth year of operating a weekly community dinner program at this location. Guests are served a salad, hot meal and dessert as well as tea, coffee and water. Food is prepared by our Chef/Program Manager and six volunteers and served by a team of twelve under the direction of the Dining Room Manager. Several guest volunteer to help with the set up and take out the garbage. We provide an opportunity for approximately 80-100 guests from a cross section of our community to eat together each week.

Branch 60 West Vancouver Legion West Vancouver (formerly at West Vancouver Baptist Church)

580 – 18th Street, West Vancouver every Thursday at 5:30pm

This program, in its third year moved to a new location over the summer. The new location is easier for those relying on transit to access and a change in leadership at the church made it an ideal time to seek a new home. The ten volunteers were delighted with the new location and all of them moved with the program. We have a core of 35-40 guests who gather each week to share in a salad, hot meal and dessert.

Transitioned to a Church Program: A Seniors' Moment at St. John the Evangelist Anglican Church

220 West 8th Street, North Vancouver

We are delighted to report that this monthly lunch program continues under the ministry plan of the Church. We were hosting fewer than 20 people a month, mostly from the church and were not able to encourage the larger community to join this program.

Sharing Abundance



We are extremely grateful to the volunteer who wrote our successful application to become a registered charity. This status has already allowed us to get a grant to create some storage space to move supplies and equipment out of our homes and cars.

Our programs are advertised on posters throughout the North Shore, through the North Shore Homelessness Task force resource card and on our website and Facebook page. The best advertising is word of mouth when our regular guests bring a new friend to join them for dinner or lunch.

The Lynn Valley Lions purchased food for all of our turkey meals from Lynn Valley Save on Foods. We served turkey meals to our guests and volunteers at our various locations the week before Christmas. We are extremely grateful to the Lions for their generosity and to their members who volunteered.

St. Agnes Anglican Church is planning a kitchen renovation this upcoming summer and has had several successful fundraisers and grant applications to move this project along. With two busy lunch programs at the church each month, an updated kitchen and enhanced storage space will be greatly appreciated by Sharing Abundance.

We continue to collaborate with Table Matters at the next stage of their food recovery process and regularly attend meetings of the North Shore Homelessness Task force. Our model is simple, effective and responsive and is helping to make our community a kinder place.

Respectfully submitted,

Lizz Lindsay, Volunteer Executive Director